



## Upcoming Sunday Services

**December 1, 2019 • “Attitudes of Gratitude” • Lay Presenters: Kathryn Hohmann, Valley Peters, Neil Schwarzwald**

An attitude of gratitude means expressing thankfulness and appreciation in all parts of our lives for both the big and small things alike. Three members of our fellowship will share their thoughts about what an attitude of gratitude means to them based on their unique life experiences.

**December 8, 2019 • “Awe from the Inside Out” • Rev. Duffy Peet**

One group of researchers describes awe as “that sense of wonder we feel in the presence of something vast that transcends our understanding of the world.” Awe is something all of us have experienced at some point in our lives. Often we look outward for that “something vast” to initiate the feeling. How might we experience awe through turning our attention inward?

**December 15, 2019 • “A Season of Awe” • Rev. Duffy Peet**

The holiday season is a special time of the year. It is a time when Christians celebrate, on Christmas, the miracle of Jesus’ birth. In the Jewish faith tradition Hanukkah is a time to remember and celebrate the miracle, in the second century BCE, which made it possible to re-dedicate the temple. During this special season what calls us into a state of awe?

**December 22, 2019 • “The Gift Inside the Giving” • Fellowship Readers & RE Students**

Let’s give a rousing cheer, For people everywhere, Who know that Love and Care, Are precious things to share. This Intergenerational service will focus on the wonderful story, “Boxes For Katje,” by Candace Fleming and the lessons it offers us. Join the Fellowship Readers and RE students for this moving pre-Christmas reminder of how generous we humans can be.

**December 24, 2019 • 6:30 p.m. • “A Musical Christmas Eve” • Rev. Duffy Peet**

Christmas has been inspiring music of many kinds for hundreds of years. The music of Christmas will be the centerpiece of our Christmas Eve service. We will sing Christmas hymns and carols and instrumentalists will our ears with music of the season. Join us and be bathed in music.

**December 29, 2019 • “Like a Phoenix from the Fire: Rising up to meet the coming year” • Lay Presenter: Katie Michael-Sanchez, M.Div.**

This service will include a fire ritual to help us transition into the new year.



### Unitarian Universalist Fellowship of Bozeman

406-586-1368

[www.uufbozeman.org](http://www.uufbozeman.org)

Rev. Duffy Peet, Minister

Sunday Service: 10:00 a.m.

325 N. 25th Ave.

Bozeman, MT 59718-2688





## Minister Musings

~ Rev. Duffy Peet  
[minister@uufbozeman.org](mailto:minister@uufbozeman.org)



The entire month of December is typically considered to be “the holiday season.” The season starts with Thanksgiving and continues through New Year’s Day. It is a time of expectation and excitement, of gatherings and gaiety, and of endings and beginnings. It can be easy this time of year to get caught up and swept along by all of the activity. It might be beneficial though to step back and slow our pace, at least periodically. And while we slow down momentarily, we might consider what makes the holiday season significant for us.

During this holiday season I will be taking time to be mindful of what I am thankful for. Those of you who heard or read my sermon of November 24 got a small sampling of my thankfulness for this Fellowship and how it has made a significant difference in my life. And as the annual pledge drive wraps us, I am filled with thankfulness for the commitment and generosity of the members and friends of the congregation for your generosity. Without your ongoing financial support, much of what we do would not be possible.

I will also be taking time this month to contemplate the underpinnings of at least some of the holidays of the season. As the month progresses and darkness increases I will remember that on the Solstice a turning will occur. The day of the Solstice, when there is more darkness than any other day of the year, I will take time to direct my thoughts inward. I will ask myself what seed is quietly nestled deep inside of me preparing to crack its shell, sprout, grow and bear fruit. Often the Solstice is a time when snow and ice covers the ground and much of what was vibrant and green just a few short months ago is now covered or frozen, apparently dead. But the seeds of life lie hidden under the frozen earth preparing for the days ahead.

And on Christmas Eve and Christmas Day I will contemplate the birth of a babe in Bethlehem more than two centuries ago. From my biblical studies I am confident that Christmas Day is not the actual date when Jesus was born. For me, that isn’t really the point. What matters is that I take the time to remember a number of things. First, that a birth, every birth, is a wondrous occurrence. Second, that every babe that is born is not just a child their parents but of something far greater than I can possibly comprehend. And third, that the predominant message of Jesus’ words and life was to love one another. If we could open our hearts to love one another as a parent loves their infant, the world would be a far better place for all of us.

Then, on New Year’s Eve and New Year’s Day I will be thinking about what is ending and past, as well as what is about to begin. I will be asking myself what it is that I need to let go of in order to allow the seed that is within me, waiting to burst out of its shell, to develop to its fullest potential. Just as important as asking the question will be to set aside quiet time to listen and watch for the answer.

So this holiday season, I hope you are able to enjoy the best that the season has to offer. May you make time for fun and frivolity, joy and merriment, as well as quiet and peace. Most of all, may you feel loved and may you share the love you have within you with those you meet along life’s journey.

## Religious Exploration Corner



Happy Hanukkah, Chalisa, Diwali, Solstice, Christmas, Kwanzaa or other celebration your family enjoys this time of year!

As we approach the holiday season it can be easy to get lost in a list of to-do's: clean the house, put up more decorations, prepare food, attend events, buy another gift. Spending time with children can be a great antidote to overwhelm and remind us to enjoy the simpler pleasures of the season.

In RE this month our theme is Awe and each week we will be exploring a different way awe can show up in our lives.

### **Sunday, December 1st - The Goosebumps that arise from Love in Action**

We will explore amazement at the workings of justice and collective action. We'll read a story about Rosa Parks who was arrested on December 1st, 1955.

### **Sunday, December 8th - The Goosebumps that arise when we Slow Down**

We will practice the art of slowing down to paying attention to the amazing things all around us.

### **Sunday, December 15th - The Goosebumps that arise when we Stare At The Stars**

We explore the amazement we feel when we look at the stars and wonder about the vastness of the night sky. Connection: Winter Solstice (Dec. 21)

### **Sunday, December 22nd - Readers Theater: Boxes for Katje**

All Ages Service: We're going to see a play! Members of the congregation will present a Readers Theater of *Boxes for Katje*.

### **Sunday, December 29th - The Goosebumps that arise when we Feel Connected**

Explore the amazement we feel when we know we are not alone.

As always, to make these lessons come to life we are in need of adult volunteers. Please consider spending a Sunday morning with us in RE class. If you are interested in volunteering, check the calendar in the social hall for dates or email [cre@uufbozeman.org](mailto:cre@uufbozeman.org).

Beth Witte, [cre@uufbozeman.org](mailto:cre@uufbozeman.org)



### **Welcome, Christine Wilcox!**

Exciting news! Christine Wilcox has joined our RE Team in the Nursery. She is excited to give our youngest members an enriching and secure place to play and learn at UUFB! If you haven't already met, feel free to stop by the nursery on Sunday morning to say hi!



## Board Report

~ Tonya Stevens, UUFB Board President  
stevens\_tonya@msn.com

### HIGHLIGHTS FROM THE UUFB BOARD for NOVEMBER 2019

#### HUNGER BANQUET

A big shout-out from the Board to our youth and their leaders, Ita Killeen and Drew Haines, for staging an impressive event on November 17th that helped raise the awareness of hunger in the world. More than forty-five people attended the Hunger Banquet where our group of compassionate and concerned youth reminded us that it is the inequality in power that leads to the experience of hunger.

#### PERSONNEL

The Board is pleased to announce the hiring of a new Nursery Caregiver, Christine Wilcox. Christine is well-known to the RE program. She will be assisted by Faila Bianchini, our teenage aide, who has been helping in the nursery since June. We are greatly appreciative of the fact that we have two very caring and talented individuals in the nursery now.

#### PLEDGE DRIVE

The Board is extremely appreciative of the work of the Stewardship Group this fall. Peg Wherry, Jo Anne Troxel, Louise Corbin, Susan Anderegg, and Tam Miller have all played roles in making this a vibrant, spiritually important event for our Fellowship. We look forward to seeing the results of the Drive later in the month.

#### BUILDING and GROUNDS

Once again we are asking for folks to give a big thank you to Mike Clark who worked with Tyler Electric to install two new outlets outside the building into which we are plugging our new heat tape. Mike and Randy Babbitt had fun crawling on the roof and installing the tape on those last nice days of fall.

Paul McVey of the Board is gathering bids for assistive hearing devices that will work through both our WiFi system and through FM transmission. We hope to have a start on installing those in December.

Our UUFB Interior Design group has submitted a large list of projects in order of priority for the Board to contemplate. Right now, they are working with our new Coordinator of Religious Education Beth Witte to get useful shelving into the large RE classroom.

#### SOCIAL JUSTICE ACTION

The UUFB Board recognizes that as we grow, we must review and modify the charges that we have for various committees. The Board and Rev. Duffy will be working with the Social Justice Action committee in the next month to reorganize and reinvigorate the process by which we tackle the issues that are most near and dear to us. Please contact Rev. Duffy if you would like to know more about engaging in the Social Justice Action Committee.

#### WELCOMING RENEWAL

The Board has asked a group of thoughtful advisors of the congregation to review the UUA's Welcoming Renewal application. This guide was produced to help UUs celebrate and educate as part of their welcome and inclusion of LGBTQ+ people. UUFB already enjoys the designation of being a Welcoming Congregation. Now we are contemplating ways to enhance our embrace of all who would like to share our time together.

Respectfully submitted 11/27/2019 by Tonya Stevens, President



## Upcoming Events



### Program Council – December 1

Sunday, December 1st after service from 11:30 a.m. - 12:30 p.m., Program Council will meet in the large RE classroom. All committees, task forces, and working groups should send a representative to this meeting. If you have questions, please contact Peg Wherry.



### Support Group for Caregivers - December 3

The next Support Group for Caregivers meeting will be held in the UUFB large classroom on Tuesday, December 3, at 10:30 a.m. If you have questions, contact Carolyn Boyd (boyd.berg@msn.com).



### Talking with Neighbors: Dr. Waded Cruzado – December 4

Talking with Neighbors is an interfaith forum that meets 12-1 at Resurrection University Catholic Parish (1725 S. 11th Ave in Bozeman). Bring a sack lunch and join in on the discussion! Regular panel participants include Rabbi Ed Stafman, Rabbi Emeritus of Congregation Beth Shalom, Dr. Ruhul Amin and Shadmani Amin representing the Islam faith, Rev. Dr. Jody McDevitt, Co-Pastor of First Presbyterian Church, and Fr. Leo Proxell, Pastor of Holy Rosary Catholic Church. Dr. Waded Cruzado, President of MSU, will speak at this session. Dr. Cruzado has led MSU's dynamic growth since 2010. She is of the Roman Catholic faith. For more information, please contact Resurrection University Catholic Parish: resurrectionbozeman.org.



### 2nd Sunday Offering to Haven - December 8

The Social Justice Action Committee has specified that on Sunday, December 8th, the offering will go to Haven. Please make any checks out to UUFB, & write "Haven" in the memo line. Haven provides quality service and advocacy for all domestic violence survivors in need.



### Family Promise Volunteers Needed – December 9, 11, 12

UUFB has its next opportunity to help homeless families in the Gallatin Valley: we will be sharing hosting responsibilities with St. James Episcopal for Family Promise on December 9, 11, 12. We will need to provide the evening meal each of those nights. We also need 2 evening hosts each of those nights who will help serve and clean up an evening meal; we will need two hosts each night who will sleep at St. James from 8:30 p.m. to 7:30 a.m. Please contact Tonya Stevens if you are able to help out: stevens\_tonya@msn.com.

If you would like to help provide a meal, you do not need to have any special training. If you would like to become a host, you must attend a short training that the Family Promise organization presents regularly. *The next training is going to take place here at UUFB, January 9th, 6:30-7:30 p.m.*



MEN'S GROUP

### Men's Group – December 11

The Men's Group will meet Wednesday, December 11 at 7:30 p.m. at the Fellowship Hall. All men are encouraged and invited to attend. Please bring a snack, dessert, and/or something to drink for all to share. This is now an after dinner gathering. Hope to see you there. Any questions contact Jack Day at jhoddjay@gmail.com.

## Upcoming Events

continued...



### Food Bank Sunday – December 15

Non-perishable food donations and toiletries for the Gallatin Valley Food Bank will be collected at the UUFB service on December 15. For more information about donating to the Food Bank, please contact Norm Eggert (jandneggert@gmail.com).



### Christmas Soup & Bread Potluck – December 15

The Christmas Soup and Bread potluck will take place after the service on December 15th. Sign-ups will be in the social hall after the service on December 1st. Come share in great food and companionship at the soup and break potluck. Call Bonnie Andes if you have any questions.



### Glass Recycling - December 22

On the 4th Sunday of each month, UUFB has a **glass recycling service** for our members. Please bring your RINSED unbroken glass containers for recycling. Also, please bring a cash donation to help cover cost, \$.15 per pound. Glass will be collected in the parking lot before and after the service with someone to help you. Questions? Want to help? Contact Robyn Lauster (robynkcl@gmail.com) or Carolyn Widman (widmanc@vt.edu).



### Fork & Spoon Volunteers Needed - December 26

We need 3-4 volunteers from UUFB for dinner service on Thursday, December 26 at Fork and Spoon, 4:30-7:30 p.m. If you can volunteer, please sign up on the volunteer board. For more information, please contact Randy Babbitt (wrbabbitt@gmail.com).

## Spiritual Pluralism Project Groups

*Our Fellowship currently has two Spiritual Pluralism groups. Each group usually has a chalice lighting, a time for check-in, a covenant for how they will be together, and time for sharing on a topic or theme. The existing groups are:*

**UU Buddhist Group** - The Buddhist Study Group explores practices such as meditation and spiritual development. The next meeting will be held Thursday, December 5th, 4:00-5:30 p.m. in the UUFB large classroom. For more information, please contact Warren Knipfer (rwkbozeman@gmail.com).

**UU Humanist Group** - The UU Humanist Group explores Humanism and its role in Unitarian Universalism. The next meeting will be held Monday, December 2nd, 6:30-8:00 p.m. at the UUFB large conference table. For more information, please contact Sara Williams (sawilliams6@gmail.com).

## Note Regarding December Women's Group

Women's Group will not be meeting in December. The next meeting will be held Wednesday, January 15th.

## Circle Suppers Return in January!

Circle Suppers resume January 11th, January 18th, January 25th, February 1st and February 8th. We hope lots of folks will sign up to meet other people in the congregation at a potluck dinner in member's homes. Look for sign-up sheets coming soon!



## Nursery & RE Volunteers Needed!

We are in great need of volunteers for nursery care and for Religious Exploration during services. If you have been active in the fellowship for 6 months or more and can volunteer, please contact the LRE committee at cre@uufbozeman.org with the dates you wish to volunteer, or see the sign-up sheet in the social hall.

## UUFB Holiday Treasure Sale December 8th following service Held in the UUFB Social Hall



*Treasure Sale?? What's a Treasure Sale??* A Treasure Sale is a great opportunity to find a holiday gift! We ask members and friends to donate gently used/almost new games/toys, handmade items, holiday decorations, jewelry, art and small household items for sale at very reasonable prices. It's a bit of regifting! Try applying Marie Kondo's principle—does the item spark joy in your life? If not, consider donating your treasure to our sale. At previous sales, we have included a guitar, a pool cue, backpack, snowboard, a brand-new pair of Danskos shoes, a lovely wool coat, two camping lanterns, extraordinary corn husk dolls and so many more surprises! **After our Sunday morning service on December 8th, we will open the sale for shopping.**

You may drop off your donations on Saturday, December 7 from 4-6 p.m. and even help us with set up (young backs and helping hands are always needed) or on Sunday morning before service. If you have items to donate and would like a pick up, please give me a call. No electronics or clothing for this sale, please.

**VOLUNTEERS ARE NEEDED FOR SET UP, CASHIER, AND CLEAN UP TO MAKE THE EVENT A SUCCESS. SIGN UP SHEET IN THE SOCIAL HALL!** Questions? This activity is organized by the Fundraising Committee: Janet Lewis and Leona Poritz.

P.S. We are always looking for new members for our committee with ideas for our next activity in Fundraising!



## The Guest of Grief

-By Rev. Monica Dobbins



### About the Author

Rev. Monica Dobbins is the Assistant Minister of the First Unitarian Church of Salt Lake City.

Ever since the beginning of this school year, I've had a hard time getting ready in the morning. Hard time getting out of bed, unfocused, glued to my phone, just wasting time generally. I've easily recognized that this is weird behavior for me—I'm a morning person and a go-getter overall—but couldn't put my finger on why I was doing this.

This morning, it finally dawned on me: it's grief. I've been unconsciously grieving the fact that my daughter no longer needs my help getting ready for school. She gets up by her alarm, gets dressed by herself, makes her own breakfast and lunch, and heads out the door on time and walks to school by herself.

Since she was in kindergarten, she and I have always gotten ready together, in mirror fashion, doing the same things at the same time so that she could develop an independent routine (and so that I didn't spend mornings yelling at her). It was just easier, with one kid, to do everything together. That's not happening now, and it probably won't ever again. I hadn't really processed what that means until now.

On the one hand, it means freedom: sleep later! do yoga in the morning! leave early and have coffee out somewhere! I'm looking forward to a time when I can embrace those possibilities. But first, I need to feel this grief, embrace it for a while, and then think about what life will be like as she grows in independence and wisdom. I need to think about letting go gracefully.

Sometimes grief sends notice ahead of time; sometimes, it shows up as an unwelcome, uninvited guest. Either way, I know, in my head, that grief always has love in its suitcase, and if I let it, it will unpack that love for me to look at and admire.

*"Anyone who has lost something they thought was theirs forever finally comes to realize that nothing really belongs to them."*  
— Paulo Coelho

## Vision Task Force continues to seek input

Have you shared your ideas about what should be included in UUFB's Vision Statement? The Vision Task Force continues to seek input from UUFB members and friends to get a well-rounded understanding from the congregation that will help us craft a Vision Statement to help guide the future of UUFB. If you haven't made your voice heard yet, please feel free to contact one of the Vision Task Force members in person or by email.

Mariah Rundberg	<a href="mailto:mariah.rundberg@gmail.com">mariah.rundberg@gmail.com</a>
Jack Fisher	<a href="mailto:jfdassie@gmail.com">jfdassie@gmail.com</a>
Andrew Kestly	<a href="mailto:ajkestly@gmail.com">ajkestly@gmail.com</a>
Jo Anne Troxel	<a href="mailto:jtroxel33@msn.com">jtroxel33@msn.com</a>
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## Pronouns!

We now have a basket of pronouns in the UUFB entryway where, if you choose, you may select the pronouns that you use and add them to your name tag. Thank you to Kitty Donich for making these available.



A word about pronouns: You can't always know what someone's pronouns are by looking at them. Asking and correctly using someone's pronouns is one of the most basic ways to show your respect for their gender identity. It is a privilege to not have to worry about which pronoun someone is going to use for you based on how they perceive your gender. If you have this privilege, it can be a sign of solidarity to be willing to openly identify your pronouns.

From the Equity and Inclusion Discussion Group. Questions? Contact Ita Killeen, [ikilleen@bridgergeoplan.com](mailto:ikilleen@bridgergeoplan.com).



The 11/17/19 Hunger Banquet was a great success. The UUFB Youth emceed the event for ~ 45 people and raised \$246 that was donated to Oxfam International and Gallatin Valley Food Bank. The youth did a great job in providing information to all of us that was enlightening and thought provoking. Thanks again to all who attended!

Upcoming December youth group events will include assembling and delivering holiday gift bags for homeless youth. There will also be a holiday cookie decorating event in December---all LRE kids invited!

Questions? Contact Ita Killeen [ikilleen@bridgergeoplan.com](mailto:ikilleen@bridgergeoplan.com)



## Meet Our New Members!

### Dana, Thomas, and Emerson Murray

The Murrays, Dana, Thomas and Emerson, returned to Montana in 2017 after 6 years in the Air Capital, Wichita Kansas. Raised in the Christian traditions, we wanted to expose Emerson to the things that resonated with the two of us in our early experiences – a regular brush with the spiritual and a strong sense of community.

As semi-regular attendees of the First Unitarian Universalist Church of Wichita, we also found the spirit of inclusion, diversity and service that we were hoping to cultivate in Emerson. Dana and Thomas are both from the East coast but gravitated to the mountains: It's possible they were making googly eyes at each other as teens at Stratton Mountain, Vermont while skiing in jeans.

Dana came West for school, graduated from CU and the Culinary Institute of America and joined an outfitting operation on the Smith River in Montana as head chef and freight hauler. She later owned and operated an outfitting and lodging operation based in the Blackfoot Valley, which is where Dana and Thomas crossed paths, Thomas as a copywriter and marketer for the Orvis company in Vermont, Dana as the owner of an Orvis-Endorsed Lodge.

A Montana native, Emerson attends Middle Creek Montessori, is an active 4H'r with a large flock of chickens, turkeys, a cat, a dog a Conure, fish and two horses, Ginger and Snip, and is a longtime Irish step dancer. Her distant relative is Ralph Waldo Emerson although she's mildly disappointed he didn't write any graphic novels.

### Sally Russell



I am a descendent of European-American homesteaders to Eastern Montana in the latter half of the 19th century. My parents ventured a little further west and met in Chemistry Lab at Montana State College in Bozeman in 1953, and their chemistry was so good that six little Russells came along, including myself. I was born in Butte, graduated Bozeman High in 1976, then left home to pursue my dreams. It was not my plan to end up off the road system in the rural Alaskan indigenous community of Bethel, raising two boys as a single parent in a 625 square-foot home without piped water and next to a crack house, running a sled dog team and fishing, and learning about parenting from Yup'ik Elders. But I wouldn't trade that experience for the tidy life I had planned: being married to a doctor, teaching at a university, and living in a comfortable house in a safe neighborhood near Seattle. After 26 years in Alaska, I retired in 2019 and moved back to Bozeman to be in the beautiful Rocky Mountains, spend time with my 85-year-old mom and be closer to my siblings. I anxiously await the arrival of grandchildren, conceived now only in the minds and hearts of my boys and their committed partners.

I was raised Catholic, but now I can't recite the "Apostles Creed" without questioning most every line. For example, has Jesus really "ascended into heaven and is seated at the right hand of God the Father"? Could he have descended into mother earth instead? Is he really sitting down? Does he ever sit on the left side? How do we know God's gender? And don't get me started on the Virgin Mary. I'd rather enjoy it if she was a scorned unmarried mother who got back at everyone by giving birth to the Savior of the World via the traditional method of conception. I value having a mind of my own while trying to understand the teachings of the great mystics like Jesus, which makes me not really in the Catholic mold. I have been moved to tears in repeated UU services this Fall, from the music, the homilies, even the personal sharing during "Joys and Concerns", and I'm inspired by the community's commitment to Social Justice and inclusion. I'm grateful to have found this Fellowship in Bozeman!

## Meet Our New Members!

### Heather & James Watson

**Heather** was born and raised in Cheyenne, WY, moving to rural Virginia in high school. From there she attended the University of Virginia, eventually meeting **James**, a born and bred Northern Virginian, through their mutual love of college sports, scramble bands, irreverent humor and bourbon. We left with graduate degrees in Environmental Science and Teaching for Heather and Computer Science for James and settled down in Northern Virginia.



In 2007, we left the hustle and bustle of the DC suburbs in what was supposed to be a temporary change, to help care for Heather's grandmother in Hudson, WY as James tested out the early days of teleworking from rural America and Heather moved into museums and non-profit management. After 3 years and the birth of **Matthew**, we realized the Rocky Mountains were our home and found Bozeman in 2010 with an upstart tech sector and the quality of life we were seeking for our growing family. 2011 brought the birth of **Catherine**, 2014 the birth of **John** and 2017 the birth of **Spencer**.

For Heather, the day to day tasks of having a young family keep her busy, in addition to running youth robotics outreach to schools and youth programs, coaching competitive Lego robotics teams, and serving as an active Girl Scout leader for local troops. In her free time, she loves nothing more than coffee, a good book and silence wherever possible. James serves as Cubmaster for a local Scout pack in addition to being a Software Engineering manager at Dataminr. In his free time, he loves puzzles, games and a good mystery or sci-fi book. Matthew is a serious and studious 5th grader who loves math and Pokemon as well as drawing, skiing and nerf gun wars. Catherine is a penguin and lion loving 3rd grader who loves creating drawings, art and crafts as well as swimming, climbing and exploring. John is a hilarious 5-year-old preschooler who entertains with his impressions and observations of the world and loves being read to, Legos and whatever his big brother is doing, like Pokemon. Spencer is two and loves animals, big machines, books and the attention of his siblings through it all.



### The QACC Box is for you!

Do you have Questions, Appreciations, Comments, or Concerns (QACCs)? The Committee on Ministry (COM) welcomes it all! Submit your QACCs! Look for the box with the duck on the table in the social hall. The COM reviews submissions at our monthly meetings.

## Environmental Tips

from the Environmental Action Group

### IDLE FREE BOZEMAN

If you're going to be stopped for more than 30 seconds (except in traffic), Turn Off Your Engine!

#### Facts on Idling:

- Chemicals from exhaust are harmful and can aggravate asthma, emphysema, and bronchitis, especially in children and the elderly.
- Idling pollutes the air outside and inside your vehicle.
- Most people waste 1-2 full tanks of gas every year by idling.
- Idling for 10 seconds uses the same amount of gas as restarting your car.
- Turn the vehicle off if you anticipate 30 seconds of idling to balance the cost of starter and battery maintenance with fuel savings.
- Manufacturers assure that frequent restarting won't harm an engine.
- Avoid idling more than 20 seconds because excessive idling can actually damage your engine; says the Ford Motor Company.
- It is illegal to leave an idling car unattended in Montana (MCA 61-8-357).
- US drivers waste 6 billion gallons of gas every year by idling.

#### WHAT ABOUT WARMING THE ENGINE?

- When the temperature is above freezing, most modern vehicles do not need to idle. At 0-32 degrees F, just 30 seconds of idling is a good rule-of-thumb. In extremely cold weather (below 0 degrees F), 1-3 minutes of idling may be necessary.
- At all temperatures, driving slowly for the first few minutes is good for your car and it's the only way to warm the transmission, wheel bearing, differential, and other moving parts.
- Always make sure your windows are clear before driving.

Sources: US EPA, US Department of Energy, US Energy Information Administration and the City of Bozeman at [www.bozemanclimatepartners.net](http://www.bozemanclimatepartners.net).

### Upcoming Events

12/1	Program Council
12/2	Humanist Meeting
12/3	Support Group for Caregivers
12/4	Talking with Neighbors: Guest Panelist Dr. Waded Cruzado
12/5	Buddhist Group
12/8	2nd Sunday Offering to Haven
12/8	Treasure Sale
12/9	Family Promise Volunteers Needed
12/11	Men's Group
12/11	Family Promise Volunteers Needed
12/12	Family Promise Volunteers Needed
12/15	Food Bank Sunday
12/15	Christmas Soup & Bread Potluck
12/22	Glass Recycling
12/24	Christmas Eve Service at 6:30 p.m.
12/26	Fork & Spoon
12/29	5th Sunday Offering





## 2019-2020 Board Members

- President: Tonya Stevens
- Vice President: Peg Wherry
- Past President: n/a
- Secretary: Lee McGill
- Treasurer: Janine Roberts
- Member-at-Large: Paul McVey
- Member-at-Large: Tam Miller
- Member-at-Large: Leona Poritz

## UUFB Online

The UUFB maintains several online resources. An email list has been established in order to communicate announcements and events of interest to the UUFB. To make an announcement to the group, please send an email to: [uufb@googlegroups.com](mailto:uufb@googlegroups.com) (you must be subscribed to the list in order to send mail to the list). Mail sent to this address will be delivered to all members of the list, and will also be archived. This is not an appropriate forum for political commentary or jokes, so please use discretion when sending email to this address.

To subscribe send an email to [admin@uufbozeman.org](mailto:admin@uufbozeman.org) requesting to join.

To unsubscribe: [uufb+unsubscribe@googlegroups.com](mailto:uufb+unsubscribe@googlegroups.com)

In addition to the email group, you can sign up to receive our weekly emails with announcements about upcoming services and UUFB related events by visiting our website at [uufbozeman.org](http://uufbozeman.org) and filling out the subscription form at the bottom of the UUFB Home page.

The UUFB Newsletter is published monthly. The deadline to submit articles is the third Thursday of the month. Announcements & news for the Sunday Service bulletin and Friday e-news are due in by 9 a.m. every Tuesday. Articles, announcements & news can be submitted to our Office Administrator at [admin@uufbozeman.org](mailto:admin@uufbozeman.org).



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**Minister:**  
Rev. Duffy Peet  
[minister@uufbozeman.org](mailto:minister@uufbozeman.org)  
Office Hours:  
Tuesdays, 1:30-5:30 p.m.  
Thursday, 9:00 a.m.-Noon

## Committees/Task Force Leaders/Contacts

- Adult Religious Exploration: Neil Schwarzwald, Contact
- Building & Grounds Committee: Carolyn Boyd, Contact
- Building Use Committee: Open
- Caregivers Support Group: Carolyn Boyd, Contact
- Caring Committee, Meals, Rides: Open
- Committee on Ministry: Elizabeth Rose, Contact
- Communications Committee: Peg Wherry, Convener
- Environmental Action Group: Ita Killeen, Chair
- Family Promise Task Force: Tonya Stevens, Chair
- Finance Committee: Bruce DePriester, Chair
- Food Bank: Norm Eggert, Contact
- Fork & Spoon: Randy Babbitt, Chair
- Fundraising: Janet Lewis, Contact
- Governance/Leadership: Pam Poon, Contact
- Historian: Susan Backer, Chair
- Hospitality/Membership: Susan Backer, Contact
- Interior Design: Diane Knipfer & Jan Young, Contacts
- Investment Committee: Paul Stouffer, Chair
- Kitchen/Bath Supplier: Suzy Sterling, Contact
- Librarian: Open
- Lifespan Religious Exploration: Jack Day & Ita Killeen, Chairs
- Men's Group: Jack Day, Contact
- Our Whole Lives Interfaith Committee: Laura Mentch, Chair
- Personnel Committee: Open
- Program Council: Peg Wherry, Contact
- Safety Task Force Committee: Open
- Social Activities: Bonnie Andes, Chair
- Social Justice/Action Committee: Jesse Eide, Chair
- Stewardship: Peg Wherry, Chair
- Sunday Services Committee: Jan Young, Chair
- Women's Group: Darla Timmons, Contact
- Youth Group: Ita Killeen, Contact

## Spiritual Pluralism Group Leaders

- UU Buddhist Group: Warren Knipfer, Contact
- UU Humanist Group: Sara Williams, Contact

**Coordinator of Religious  
Exploration:**  
Beth Witte  
[cre@uufbozeman.org](mailto:cre@uufbozeman.org)

**Office Administrator:**  
Christy Huddleston  
[admin@uufbozeman.org](mailto:admin@uufbozeman.org)  
Office Hours:  
Tue. - Fri.: 8:30-3:00 p.m.