

OCTOBER 2022

UUFB NEWS

Unitarian Universalist Fellowship of Bozeman

UPCOMING SUNDAY SERVICES

SUNDAY AT 10:00 A.M. MDT
IN PERSON & LIVE ON YOUTUBE

October 2, 2022 • "Spirituality With or Without God" • Rev. Margo Rinehart

Come explore where Humanism, Universalism and other wisdom traditions come together in contemplative and other practices.

October 9, 2022 • "Courage and Vulnerability - Showing Up in Times of Great Uncertainty" • Rev. Margo Rinehart

Courage is born of vulnerability. How can we tap into our deepest reserves and never allow despair to have the final word? This sermon will touch on finding courage to grieve and how we can support one another during times of loss.

October 16, 2022 • "Sexuality Through a UU Lens" • Guest Speaker: Dr. Melanie Davis

Explore the UUA's commitment to sexual justice and the *Our Whole Lives* program values of Self-Worth, Responsibility, Sexual Health, Justice and Inclusivity. Dr. Melanie Davis is a lifelong UU with a deep understanding of and commitment to our religious movement. She is the UUA's *Our Whole Lives* Program Manager and on the Board of the UU Trauma Response Ministry. Melanie is a partner in the New Jersey Sexual Wellness Center, trains human services professionals, and consults with organizations. She holds a BA in Mass Communications and an MEd and PhD in Human Sexuality Education. She is a Certified Sexuality Counselor, Sexuality Educator through the American Association of Sexuality Educators, Counselors and Therapists.

October 23, 2022 • "Building the Home We Need - A Time of Opportunity" • Rev. Margo Rinehart

Rev. Margo will share what she has been hearing about the desires of your hearts while she has met with over 50 of you in the past two months. Come hear how you join in by giving of your presence, time, talents and treasures.

October 30, 2022 • "Stories of Courage: Celebrating the Gallatin Valley's Migrant Latinx Community" • Guest Speakers: Members of GV Latinx Community

The most rapidly growing population of our community and our state is also perhaps the quietest. Why? Hear stories of personal courage from our Latinx neighbors who left home, friends and family in their native country and, after a long and often perilous journey, now live and work in the Gallatin Valley. What did these migrants experience getting here, and what are the challenges they experience now that they are here? Join us as we celebrate migrants, their stories and their contributions to our community.



UNITARIAN UNIVERSALIST FELLOWSHIP OF BOZEMAN

uufbozeman.org
406.586.1368

Rev. Margo Rinehart, Minister

Sunday Services: 10:00 a.m.
325 N. 25th Ave.
Bozeman, MT 59718-2688





REVEREND REFLECTIONS

REV. MARGO RINEHART



Courage to Live Fully and Wholeheartedly

*The thing is to love life, to love it even when you have no stomach for it
When grief sits with you, its tropical heat thickening the air, heavy as water,
More fit for gills than lungs.
When you think, How can a body withstand this?
Then you hold life like a face, no charming smile, no violet eyes,
And you say, yes, I will take you, I will love you again.*

The words above are adapted from a poem titled "The Thing Is" by Ellen Bass. Bass tells us that the courage to embrace another day, to engage grief and to move forward is a choice. Whether consciously or not, each day we make a choice to face our individual and interpersonal challenges. In choosing the active path, inner strength and a level of commitment are required. We must hold life like a face and say "Yes! Yes, I will take you and love you again."

This month we will explore courage as it is embodied in engaging in spiritual or contemplative practices, being vulnerable, and grieving our individual and collective losses. Also, in its role in social justice work and the Unitarian Universalist Association's ask of us to fight racism and oppression. Courage requires of us that we are honest with ourselves first and then one another. It also asks us to be bold in asking for the help we need during a time of struggle. It asks us to be vulnerable in order to build a strong and meaningful community. It asks us to trust. What is your part in building strength, allowing grief, and deepening relationships at UUFb?

*Next time you are at
UUFb, take a look
at the beautiful fall
quilt made by
Bonnie Andes!*



RELIGIOUS EXPLORATION

Hi Families! There is so much happening at UUFBozeman this fall, I can't wait to tell you about all the fun events we have planned. For those who haven't been to UUFBozeman in a while we are offering one large RE class for ages 2-12 (no RSVP needed). Masks are still required (as age appropriate) and there is a HUGE air purifier in the large classroom.

The October RE Theme is **Cultivating Relationships**. Here are our topics for upcoming Sundays:

Sunday, October 2nd - The Skill of Promising

Sunday, October 9th - The Skill of Listening

Sunday, October 16th - The Skill of Rebuilding - *Parent OWL informational meeting after service

Sunday, October 23rd - The Skill of Caring

Sunday, October 30th - The Skill of Being True to You



FALL EVENTS!

We have a number of fun events coming up. Please join us! More information about all events are listed on our website, uufbozeman.org.

- **Saturday, October 8th** - Youth Group Start-Up planning meeting - If you have a youth age 11+ and who would like to participate in Youth Group, contact Beth (cre@uufbozeman.org) for more information about this planning meeting and other events.
- **Sunday, October 9th** - Candlelight Labyrinth Walk 7 p.m. at the labyrinth by the Bozeman Public Library.
- **Sunday, October 16th** - OWL Service and Parent Info Meeting (after service)
- **Sunday, October 16th** - Crop Walk at 2 p.m., Contact Mary M. for more information.
- **Friday, October 21st** - Family Game Night with Pizza! Contact Neil S. for more information.
- **Sunday, October 23rd** - Fall Festival and Pumpkin Carving (fun event after service). Contact Beth for more information.
- **Wednesday, November 2nd** - Day of the Dead Service. This will be a contemplative and reflective event.
- **Sunday, November 6th** - Book Sale after service

RELIGIOUS EXPLORATION CONTINUED...

Our Whole Lives (OWL) - Sexuality Education Programs

We are looking at running a few *Our Whole Lives* programs this year. Some of you may be aware UUFB and Pilgrim Congregational Church have had a longstanding partnership to offer *Our Whole Lives (OWL)* sexuality education programs. These programs present comprehensive, age-appropriate sexual health information. The program focuses on self-worth, health and wellness, responsibility, and justice and inclusivity. It moves beyond just facts about anatomy and human development, to help participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. We know that offering holistic sexuality education programs can change lives.



We are exploring offering programs for Kindergarten/1st grade, 5/6th grade, 7/8th grade, and adults. If you are interested in learning more for yourself or child(ren) please fill out this form <https://forms.gle/VcqjvVw4mG3ZlXYG9>. It helps us understand where there is the most demand. We will have a **parent informational meeting after service on October 16th** if you'd like to learn more about the program.

**We're
Hiring**

We're Hiring!

Do you know someone who likes working with children? Someone who enjoys games, crafts, songs, and is supportive of liberal religious education? Help us spread the word! The RE program is looking to hire a Childcare Assistant. This position will help supervise RE/Nursery classes on Sunday mornings from 10-11 a.m. A familiarity with UU is helpful but a love for working with children is most important. Applicants need to be 16 years or older and have experience working with young children. We can accommodate flexible schedules but ask that applicants be available to work 2-4 Sundays per month. If interested, please email Beth at cre@uufbozeman.org.

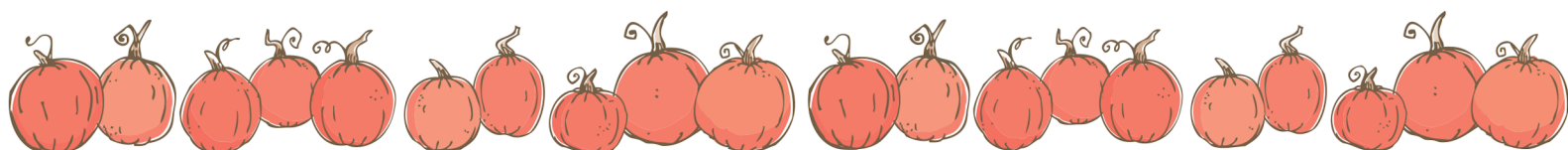




October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 • 10:00 service with Rev. Margo Rinehart • 11:00 Monthly Birthday & Anniversary Party Social Time	3	4	5	6	7	8 • Youth Group Start-Up Planning Meeting
9 • 10:00 service with Rev. Margo Rinehart • 2nd Sunday Offering to Gallatin Valley CROP Walk • 7:00 Candlelit Labyrinth Walk	10	11	12	13	14	15
16 • 10:00 service with Dr. Melanie Davis • Food Bank Sunday • 11:00 OWL Parent Info Meeting • 11:15 Program Council • 2:00 Gallatin Valley CROP Walk	17	18	19	20	21 • 5:30 Family Pizza & Game Night	22
23 • 10:00 service with Rev. Margo Rinehart • 11:00 RE Pumpkin Carving/Harvest Festival • 11:20 Making Connections: Orientation to UUFB, part 1	24	25	26	27 • 4:30 Fork & Spoon Volunteers Needed	28	29
30 • 10:00 service with GV Latinx Community • 5 th Sunday Offering to Northern Plains Resource Council • 11:20 Making Connections: Orientation to UUFB, part 2	31	Nov 1	Nov 2 • 6:00 Day of the Dead Celebration	Nov 3	Nov 4	Nov 5



NEW MEMBER Orientation

Are you a newcomer investigating this community? Or an established member with a yearn to learn more about UUFB? All are welcome at the Fall 2022 "Orientation to UUFB Series," sponsored by the UUFB Hospitality and Membership Committee along with Rev. Margo Rinehart. We invite you to attend our after-service in-person gatherings at 11:20 a.m. on Sunday, October 23rd, and Sunday, October 30th. These one-hour meetings are opportunities for you to get to know more about Unitarian Universalism and this particular congregation, its history, and what it means to be a Friend or Member. Meet other newcomers, discuss your spiritual journey, and learn more about the spirituality and commitment of our community. Participate or be a quiet observer! If you would like to attend, please sign up with Tonya S. Contact the Office Admin (admin@uufbozeman.org) for Tonya's contact info. If you would prefer a Zoom presentation, we are happy to meet in that way as well! Please contact Tonya for more details.

A Thousand Voices

by Tania Márquez

Every year around this time, there is a distinctive smell in the air and the trees sway like the whisper of a thousand voices. That's how I know they are coming. At that point the perpetual altar in my heart begins taking place outside of me, for a few days, and it dances with joy at the thought of their coming.

First, the table that will be the altar. A few boxes on top to create different levels. I begin to think about the pictures I am adding to my altar today; the beloved friend who didn't get to say goodbye, the one I loved, my grandparents, the cousin who left too soon. I allow myself to think about the ones whose pictures won't be on my altar, but that I still remember.



The fragrance of the cemapsúchil fills the air; Grandfather Sun-made flower, a ray of light guiding them back, calling them home. It is a long way here. It is good to have some food and drinks ready, so they may quench their thirst, so they may eat and gain strength for the way back. I love adding chocolate and drinking chocolate caliente. I imagine a moment of communion that transcends the world of the living.

Once the altar is ready, I behold the sight of this place of encounter: they will come and will know they are missed. All of the times we spent together, all of the memories come rushing to us. Our elders told us, "To remember is to live again." And that's what we do when we allow ourselves to be surrounded by their presence and the stories of times we spent together.

My family and I gather. We tell stories, we laugh, we also cry a little, we rejoice in their company. Their stories come alive in our telling, and so does the love we still feel. I have learned to listen more often to things than to beings; to listen to my heart that knows a different way of knowing. My heart knows that the dead aren't really dead; their stories are perpetually being told by the world around us; like trees swaying, like the whisper of a thousand voices.

BOARD REPORT

The board of directors met on September 12 with the intention of further developing goals for the UUFB that were created in last month's retreat. Three major areas of interest were:

- Enhancing the Financial Health of UUFB
- Strengthening the UUFB Community
- Enhancing Organizational Effectiveness

More information about these will be given later.

It's that time of year again—you will be hearing more about the Stewardship campaign which will kick off by the end of October.

Beth Witte, Coordinator of Religious Exploration, will have a Youth Group start-up planning meeting on October 8th. More information about the meeting will be sent out soon.

Our UUFB fellowship will be supporting the CROP Walk to end hunger on October 16, 2022! The walk starts at 2 p.m. but we will meet at the Gallatin Valley Food Bank (602 Bond St, Bozeman) at 1:45 p.m. This is a national walk-a-thon supported by many faith communities. If you, or your family and friends, want to walk, please contact our team leader, Mary M. (email admin@uufbbozeman.org for Mary's contact info). People can give cash or donate online. If you would like to write a check, please address it to UUFB with "CROP Walk" in the memo line.

Of the money raised, 25% of the funds remain in our community with the Food Bank. The other 75% is donated to the Unitarian Universalist Service Committee, an international aid service organization that supports our UU values. It provides disaster relief and promotes human rights and social justice around the world.

Let's go, UUFB! The CROP Walk is a way we can live our values.

In Fellowship, Rose Toth, Board Secretary

October 2022 Events

- 10/2 Sunday Service with Rev. Rinehart
- 10/2 Monthly Birthday & Anniversary Party Social Time
- 10/8 Youth Group Start-Up Planning Meeting
- 10/9 Sunday Service with Rev. Rinehart
- 10/9 2nd Sunday Offering to Gallatin Valley CROP Walk
- 10/9 Candlelit Labyrinth Walk
- 10/10 The Water Festival
- 10/16 Sunday Service with Dr. Melanie Davis
- 10/16 Food Bank Sunday
- 10/16 OWL Parent Info Meeting
- 10/16 Program Council
- 10/16 Gallatin Valley CROP Walk
- 10/21 Family Pizza and Game Night
- 10/23 Sunday Service with Rev. Rinehart
- 10/23 RE Pumpkin Carving/Harvest Festival
- 10/23 Orientation to UUFB, part 1
- 10/27 Fork & Spoon Volunteers Needed
- 10/30 Sunday Service with Members of GV Latinx Community
- 10/30 5th Sunday Offering to the Northern Plains Resource Council
- 10/30 Orientation to UUFB, part 2
- 11/2 Day of the Dead Event

The Water Festival

Learn the Ways of Water!

October 10

6:00 PM – 8:00 PM

Congregation Beth Shalom
2010 W Koch St, Bozeman, MT

Ceremony @ 6:00 PM

Presentation @ 6:45 PM

Facilitated by:

Ann Schrader, Montana Interfaith Power and
Light & Jessica Ahlstrom, Bozeman City Water
Department

Rev. Margo Rinehart will represent UUFB at this
event!

Information will include:

- Water and its relationship to Climate Change
- Reviewing basics of climate change and how it impacts the water cycle. Carbon footprint
- Overview of Water-related conflicts in the world
- World Water Day 2022 – Groundwater theme
- Water Conversation in Bozeman and how drought affects public health, fire danger, and fishing
- What individuals can do to reduce their water consumption
- What congregations can do to protect the vulnerable during heat waves, fire, smoke
- Introduce and review Montana Interfaith Power and Light's water reduction seed grant program



Thank you to Rene K. for the photos, creativity & assistance!

Upcoming Events



Monthly Birthday & Anniversary Party Social Time - October 2

Join us for the monthly birthday and anniversary social time after service! Everyone celebrating a birthday or anniversary this month will be the guests of honor. For those watching online, join a virtual social time via Zoom after the service!

Social Time

Join us outside after service for an in-person social time (weather permitting)! For those watching online, join a virtual social time via Zoom after the Service! To participate in the Zoom social time, connect to Zoom 5 minutes after the service ends where you will join in a half-hour of socializing. The link will be sent out on the listserv.



Youth Group Start Up Planning Meeting - October 8

If you have a youth age 11+ and who would like to participate in Youth Group, contact Beth (cre@uufbozeman.org) for more information about this planning meeting and other events.



2nd Sunday Offering to the Gallatin Valley CROP Hunger Walk - October 9

The Social Justice Action Committee (SJAC) has specified that the 10/9 offering will go to support the Gallatin Valley CROP Hunger Walk. 25% of your donation will go to the Gallatin Valley Food Bank and 75% will go to the Unitarian Universalist Service Committee (UUSC). Donate to this fund by giving online (uufbozeman.org/donate) and selecting "Give to 2nd Sunday charitable donation" or mail a check made out to UUFB and write "CROP Walk" in the memo line. Mail contributions to UUFB, 325 N. 25th Ave., Bozeman, MT 59718.

CROP stands for "Communities Respond to Overcome Poverty." People of all ages walk together to end hunger, one step at a time. The Gallatin Valley CROP Hunger Walk will be held on October 16th and we encourage you to participate! Find more details about this in the CROP Walk announcement.

The Gallatin Valley Food Bank's mission is to improve food security throughout Southwest Montana. They want to create a healthier, more resilient, food-secure community in which all the members are empowered and have the means to nourish themselves.

UUSC focuses their work on intersecting roots of injustice to defend rights at risk due to criminalization and systemic oppression of people based on their identity. They support self-determination and defend the rights of people displaced due to climate, conflict or economic hardships; and we respond to humanitarian crises as partners with people whose access to aid is most limited.

Submit a QACC!

Do you have Questions, Appreciations, Comments, or Concerns (QACCs)? The Committee on Ministry welcomes it all! To submit your QACC look for the box with the yellow rubber duck on top in the social hall or submit online at uufbozeman.org/qacc. The Committee on Ministry reviews submissions at their monthly meetings.



Upcoming Events

continued...



Candlelit Labyrinth Walk – October 9

Please join us for an evening of outdoor meditation and reflection at the labyrinth by the library. This year, along with the walk, we invite everyone to memorialize the loss of a loved one with a special luminaria. Luminarias will be provided by the Social Activities Committee and be available for pickup at UUFB or Rene's home beginning October 1st. Feel free to decorate your luminary however you would like. Bring your decorated luminary to the labyrinth walk on Sunday, October 9th at 7 p.m. The labyrinth is located just off the trail between the Bozeman Public Library and Peet's Hill.



Food Bank Sunday – October 16

Non-perishable food donations and toiletries for the Gallatin Valley Food Bank will be collected at this UUFB service. Please bring your items and a UUFB member will bring them to the food bank.



Our Whole Lives (OWL) Parent Info Meeting – October 16

Join after service for a parent information meeting that will explain more about Our Whole Lives.



Program Council – October 16

Program Council will meet via Zoom on Sunday, October 16th at 11:15 a.m. All committees, task forces, and working groups should send a representative to this meeting. Questions? Contact Jeanne M.



Gallatin Valley CROP Walk – October 16

CROP stands for "Communities Respond to Overcome Poverty." People of all ages walk together to end hunger, one step at a time. The Gallatin Valley CROP Hunger Walk will be held on October 16th at 2 p.m. and starts at the Gallatin Valley Food Bank (602 Bond St, Bozeman). We are putting together a team for UUFB! If you would like to join UUFB in the CROP Walk, please contact Mary M. Email the Office Admin (admin@uufbozeman.org) for Mary's contact info.



Family Pizza and Game Night – October 21

Family Game Night for October is offering pizza dinner for families! Pizza (GF & regular) and fruit will be served between 5:30–6:20 p.m. We'll have a quick clean up and let the games begin! For those who do not want to join for dinner, please arrive closer to 6:30 p.m. Email Rev. Margo (minister@uufbozeman.org) if you are coming for dinner so she knows how much food to order. All ages are welcome, and feel free to bring a friend.



It's Fun to Run the Livestream!

Okay so some may not consider it super fun but it is a very nice thing to do! We need more operators to run our Sunday service livestreams. No experience is necessary, and all training is provided. Running the livestream is easier than it sounds! It involves 1–2 hours on a Sunday once a month. If you are interested, please email admin@uufbozeman.org.

Upcoming Events

continued...



RE Pumpkin Carving/Harvest Festival – October 23

Save the date for a pumpkin carving/harvest festival after service on October 23rd. Everyone is invited! More details will be announced soon.



Fork & Spoon Volunteers Needed – October 27

2-3 Volunteers from UUFB are needed at Fork & Spoon on Thursday, October 27th from 4:30-7:30 p.m. To sign up or if you have questions, fill out the form located at uufbozeman.org/fork-spoon.



5th Sunday Offering to the Northern Plains Resource Council – October 30

The Social Justice Action Committee (SJAC) has specified that the 10/30 offering will go to the Northern Plains Resource Council (NPRC). Donate to this fund online (uufbozeman.org/donate) and select "Give to 5th Sunday disaster relief fund" or mail a check made out to UUFB and write "NPRC" in the memo line. Mail contributions to UUFB, 325 N. 25th Ave., Bozeman, MT 59718.

NPRC is an American grassroots conservation and family agriculture group. Their mission is to organize Montanans to protect our water, land, air, and working landscapes. NPRC supports a healthy, localized, and sustainable economy in farm and ranch country and in our towns, and builds strong grassroots leaders, always considering the next generation.



Day of the Dead Celebration – November 2

Reverend Margo and Rose T. will be offering a time of reflection and celebration of our ancestors pm Wednesday, November 2, 6 p.m. at UUFB. You are invited to bring a photograph or item to place on the community altar. For those who would like to stay for a simple meal, heavy hors d'oeuvres will be served after the reflection and altar time. Keep a lookout as the time gets closer for more details.



Spiritual Pluralism Project Group

Our Fellowship has a Spiritual Pluralism group that has a chalice lighting, a time for check-in, a covenant for how they will be together, and time for sharing on a topic or theme.

- **UU Humanist Group** – This group explores Humanism and its role in Unitarian Universalism and usually meets monthly. If you are interested in attending, please contact Sara W.





UNITARIAN UNIVERSALIST FELLOWSHIP of BOZEMAN

Staff

- **Minister:** Rev. Margo Rinehart
Office Hours: Tuesday & Thursday, 9:00 a.m. – 3:30 p.m.
Wednesday 12:30 – 3:30 p.m.
- **Office Administrator:** Christy Huddleston
Office Hours: Tuesday – Friday, 8:30 a.m. – 2:30 p.m.
- **Coordinator of Religious Exploration:** Beth Witte
- **Nursery Caregiver:** Christine Wilcox
- **Pianist:** Laurel Yost
- **Vocalist:** Erin Henke

Contact us!

uufbozeman.org/about-us/contact-us

UUFB News & Events

Calendar of Events

See our calendar of upcoming events at:
uufbozeman.org/news/events-page.

Friday E-News

Our weekly emails include details about upcoming events, announcements, and Sunday services. To join, please visit uufbozeman.org/news/e-news.

Email Discussion List

An email discussion list (listserv) has been established in order to communicate announcements and events of interest to the UUFB. To subscribe, send an email to our Office Administrator requesting to join.

Newsletter

The UUFB Newsletter is published monthly. The deadline to submit articles is the third Thursday of the month. Announcements & news for the Sunday Service bulletin and Friday e-news are due in by 9 a.m. every Tuesday. Articles, announcements & news can be submitted to our Office Administrator.

2022-2023 Board Members

- President: Neil Schwarzwald
- Vice President: Jeanne Moe
- Past President: Dick Young
- Secretary: Rose Toth
- Interim Treasurer: Bruce DePriester
- Member-at-Large: Mary Maifeld
- Member-at-Large: Valley Peters

Committees/Task Force Leaders

- Building & Grounds Committee: Carolyn Boyd, Contact
- Building Coordinator: Tonya Stevens, Contact
- Caring Committee, Meals, Rides: Mary Maifeld, Contact
- Committee on Ministry: Dave Rockafellow, Chair
- Communications Committee: Open
- Finance Committee: Bruce DePriester, Chair
- Fundraising: Leona Poritz, Contact
- Governance/Leadership: Jack Fisher, Contact
- Hospitality/Membership: Tonya Stevens, Contact
- Interfaith *Our Whole Lives*: Beth Witte, Contact
- Interior Design: Diane Knipfer & Jan Young, Contacts
- Investment Committee: Paul Stouffer, Chair
- Lifespan Religious Exploration: Heather Watson, Chair
- Personnel Committee: Dick Young, Contact
- Planned Giving Task Force: Bruce DePriester, Contact
- Program Council: Jeanne Moe, Contact
- Safety Task Force: Open
- Social Activities: Rene Keating, Chair
- Social Justice Action Committee: Randy Babbitt, Contact
- Stewardship: Open
- Sunday Services Committee: Lisa Trankley, Contact

Contact Points

- Book Sales/Little Library: Leona Poritz
- Family Promise Task Force: Tonya Stevens
- Food Bank: Norm Eggert
- Fork & Spoon: Randy Babbitt
- Historian: Susan Backer
- Kitchen/Bath Supplier: Suzy Sterling
- Men's Group: Jack Day
- Women's Group: Open
- Youth Group: Beth Witte

Spiritual Pluralism Group Leader

- UU Humanist Group: Sara Williams, Contact