

UUFB Hymns

January 5, 2025



Hymn #1024: "When the Spirit Says Do"

Words & music: African American spiritual, civil rights period; Arr. Mark Freundt

You got to do when the spirit says do!
You got to do when the spirit says do!
When the spirit says do, you got to do, oh Lord!
You got to do when the spirit says do!
Spirit says do (6x)

You got to sing when the spirit says sing!
You got to sing when the spirit says sing!
When the spirit says sing, you got to sing, oh Lord!
You got to sing when the spirit says sing!
Spirit says sing (6x)

You got to dance when the spirit says dance!
You got to dance when the spirit says dance!
When the spirit says dance, you got to dance, oh Lord!
You got to dance when the spirit says dance!
Spirit says dance (6x)

You got to laugh when the spirit says laugh!
You got to laugh when the spirit says laugh!
When the spirit says laugh, you got to laugh, oh Lord!
You got to laugh when the spirit says laugh!
Spirit says laugh (6x)

You got to shout when the spirit says shout!
You got to shout when the spirit says shout!
When the spirit says shout, you got to shout, oh Lord!
You got to shout when the spirit says shout!
Spirit says shout (6x)

You got to do when the spirit says do!
You got to do when the spirit says do!
When the spirit says do, you got to do, oh Lord!
You got to do when the spirit says do!
Spirit says do (6x)



Hymn #1002: "Comfort Me" by *Mimi Bornstein-Doble*

Comfort me, comfort me, comfort me, oh my soul (2x)
Sing with me, sing with me, sing with me, oh my soul (2x)



Hymn #1052: "The Oneness of Everything" by *Jim Scott*

Far beyond the grasp of hands, or light to meet the eye, past the reaches of the mind,
There find the key to nature's harmony, in an architecture so entwined.
Like the birds whose patterns grace the sky, and carry all who join in love expanding,
The message of peace will rise in flight, taking the weight of the world upon its wings,
In the oneness of ev'rything.

Peace is in the dance of trees, who stir before the first breath of wind is yet perceived.
Trust in the song, becoming one with the dance, and all mysteries can be believed.
Songs of lives long past that touch our own are written in the earth evergiving,
And now to maintain the harmony gives to us all lives worth living, For the oneness of ev'rything.

Still we seek to find a truth that we might understand and reduce to terms defined
Vast and immeasurable time and space all so overwhelmingly designed.
Oh, passing years just might I know the faith that winters in the heart to be reborn in spring.
To hear and to feel the pulse of life enters my soul as a song to sing, Of the oneness of ev'rything.



Hymn #402: "From You I Receive" by *Joseph & Nathan Segal*

From you I receive, to you I give, together we share, and from this we live. (2x)