

As Unitarian Universalists we covenant to affirm and promote:

- *The inherent worth and dignity of every person;*
- *Justice, equity, and compassion in human relations;*
- *Acceptance of one another and encouragement to spiritual growth in our congregations;*
- *A free and responsible search for truth and meaning;*
- *The right of conscience and the use of the democratic process within our congregations and in society at large;*
- *The goal of world community with peace, liberty, and justice for all;*
- *Respect for the interdependent web of all existence of which we are a part.*

Inspired by many sources, we seek truth and grow in spirit.

Our Living Traditions include:

- *Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;*
- *Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;*
- *Wisdom from the world's religions which inspires us in our ethical and spiritual life;*
- *Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;*
- *Humanist teachings, which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.*
- *Spiritual teachings of earth-centered traditions, which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.*

Unitarian Universalist Fellowship of Bozeman

325 N. 25th Ave.
Bozeman, MT 59718-2688
Phone: 406-586-1368

Online Calendar: uufbozeman.org/events

Website: uufbozeman.org

Office Administrator: admin@uufbozeman.org

Religious Exploration Coordinator: cre@uufbozeman.org

Announcements & news for the Sunday Service bulletin and Friday e-news are due by 9 a.m. every Tuesday. Please email announcements to admin@uufbozeman.org.



**“Sit Down, Shut Up,
Pay Attention”
- Rev. Roxy Klingensmith**

March 8, 2026



WE:

WELCOME DIVERSITY
ACT FOR JUSTICE
FOSTER SPIRITUAL GROWTH
INSPIRE COMPASSION
NURTURE COMMUNITY
SUSTAIN OUR LIVING PLANET

UUFB Mission Statement

“Sit Down, Shut Up, Pay Attention”

March 8, 2026

Prelude

Greetings and Introduction

Amanda Cater, Lay Leader

Announcements

Pathways to Participation: Caring Team

Mattie Whitehouse

Greet Your Neighbor

Opening Words/Lighting of the Chalice

Words by Rev. Michelle Collins

Time of Centering/Ringing of the Peace Bowl

Reading of the Covenant

Love is the spirit of this church, and service is its prayer.

This is our covenant with one another, and the Spirit of Life:

To live together in peace, to seek truth in freedom,

And to help one another.

Opening Hymn #119: “Once to Every Soul and Nation”

Story for All Ages: “Conversation with the Children”

Sing Children Out: “Go now in peace. Go now in peace. May the spirit of Love surround you, everywhere, everywhere you may go.”

Second Sunday Offering: Thrive

Virginia Hanson

Reading: “A Life of Depth in an Age of Distraction: William James on the Art of Attention” by J.W. Bertolotti

Sermon: “Sit Down, Shut Up, Pay Attention” with Rev. Roxy Klingensmith

Musical Meditation

Joys and Concerns

Musical Response #1002: “Comfort Me”

“Comfort me, comfort me, comfort me, oh my soul.” (2x)

2nd verse: “Sing with me...” (2x)

Offering: Thrive

Closing Hymn #149: “Lift Every Voice and Sing”

Closing Words/Extinguishing the Chalice

“Choose Carefully” by Michelle Collins

Closing Song #402: “From You I Receive”

“From you I receive, to you I give, together we share, and from this we live.” (2x)

We extend a special heartfelt thank you to:

Speaker: Rev. Roxy Klingensmith

Lay Leader: Amanda Cater

Pianist: Laurel Yost

Livestream Operator: Kitty Donich

RE Staff: Asherah Bauquier, Sheldon Williams, Jasmine Armstrong

Children’s Religious Exploration (RE) Information: Our programs include children of all ages. Children ages 4 to 12 are welcome to join RE class in the large classroom in the back of the building. We currently do not offer nursery service, but if you have a child under 4, please grab a busy bag and use the nursery room as a calming space. For more information about the program or if you have questions, please get in touch with the Religious Exploration Coordinator at cre@uufbozeman.org.

Upcoming Service

March 15, 2026 • “The Women Who Brought You Transcendentalism” with Peg Wherry

The Transcendentalists of New England in the 1830s included women in their discussions from the beginning. This talk will consider seven of them: Ralph Waldo Emerson’s aunt Mary Moody Emerson, his two wives Ellen and Lydia, his friend Margaret Fuller, and the three Peabody sisters: Elizabeth whose Boston bookshop was a sort of hub for the Transcendentalists, Mary (Mrs. Horace Mann), and Sofia (Mrs. Nathaniel Hawthorne). Some introduced early ideas that were incorporated into the philosophy, others provided material support—and a few healthy glints of irreverence as they moved on. So why haven’t we heard more about them?

Welcome! If you are visiting, we invite you to fill out a GUEST CARD you will find in the seatback in front of you. Please join us after the service for coffee, tea, and conversation.

As a “Welcoming Congregation,” the UUFB seeks to be fully inclusive of gay, lesbian, bisexual, and transgender persons.